



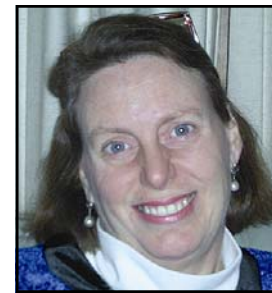
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Karen W. Saakvitne, Ph.D.

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EDUCATION

University of Michigan
Ann Arbor, MI
1982–1986

Doctorate in Clinical Psychology, 1986
Masters in Clinical Psychology, 1984

Yale University
New Haven, CT
1975–1979

B.A. Magna Cum Laude
With Distinction in Psychology
Majors: Psychology and English
Teacher Certification in English

PROFESSIONAL EXPERIENCE

Private Practice
October 2003 –present

Psychotherapy and Professional Consultation
Northampton, MA

Adjunct Professor
2008–

Smith School of Social Work, Doctoral Program

Clinical Director
1990–2003

Traumatic Stress Institute/Center for Adult & Adolescent
Psychotherapy LLC, South Windsor, CT

Director of Postdoctoral Training
1992–2000

TREATI

Postdoctoral Fellow
1986–1990

Austen Riggs Center, Stockbridge, MA

Psychology Intern
1983–1985

Children's Psychiatric Hospital
University of Michigan Hospitals
Child Outpatient Service
Adolescent Inpatient Service

Teacher
1980–1982

Cedarhurst High School
Yale Psychiatric Institute, New Haven, CT

PUBLICATIONS

BOOKS

Pearlman, L.A., & Saakvitne, K.W. (1995). *Trauma and the Therapist: Countertransference and Vicarious Traumatization in Psychotherapy with Incest Survivors*. New York: W.W. Norton.

Saakvitne, K.W., & Pearlman, L.A., & Staff of TSI/CAAP (1996). *Transforming the Pain: A Workbook on Vicarious Traumatization*. New York: W.W. Norton.

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Saakvitne, K.W. (2001) *Relational Teaching, Experiential Learning: The Training Manual for the Risking Connection Curriculum*. Baltimore MD: Sidran Institute Press.

Saakvitne, K.W. (2004) *Parenting Resource Handbook Support for Survivor Parents: Breaking the Cycle of Abuse One Day at a Time*. Funded by a SAMHSA grant. Published by The Consortium, Holyoke, MA. Rene Andersen, Project Director.

VIDEOS

Vicarious Traumatization I: The Cost of Empathy. Cavalcade Videos, 1995.

Vicarious Traumatization II: Transforming the Pain. Cavalcade Videos, 1995.

Successful Trauma Therapies I :Daring To Hope. Calvalcade Videos, 2000.

Successful Trauma Therapies II: Reclaiming Your Life. Calvalcade Videos, 2000.

Reclaiming Hope...In A Changed World. Parish Videos. Project sponsored by the American Psychological Association. 2001.

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- Pearlman, L.A., & Saakvitne, K.W. (1995). "Treating Therapists with Vicarious Traumatization and Secondary Traumatic Stress Disorders." In C. Figley (Ed.), *Compassion Fatigue: Coping with Secondary Traumatic Stress Disorder in Those who Treat the Traumatized*. New York: Brunner/Mazel.
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- Saakvitne, K.W., & Pearlman, L.A. (1993a) "The Impact of Internalized Misogyny and Violence Against Women on Feminine Identity." In E.P. Cook (Ed) *Women, Relationships and Power: Implications for Counseling*, pp. 247-274. Alexandria, VA: American Counseling Association.
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- Saakvitne, K.W. (2005) "Holding Hope and Humanity in the Face of Trauma's Legacy: The Daunting Challenge for Group Therapists" commentary to Special Edition of the *International Journal of Group Psychotherapy*: "Group Therapist Countertransference to Trauma and Traumatogenic Situations."
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- Saakvitne, Karen W. (2000) Commentary on Clinical Protocol. In *Psychoanalytic Inquiry*, Vol. 20, Number 2000, Special Issue: "Multimodal Treatment of Complex Dissociative Disorders."
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- Saakvitne, K.W. (1998) "Recreating Mother": Commentary on Case Analysis. In *American Journal of Orthopsychiatry*, Special Issue on Sexual Orientation and Family Development, Vol 68, Number 3, July 1998.
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Saakvitne, K.W. (Book Review) (1995). Listening Beyond Words. Review of, "If Someone Speaks, It Gets Lighter: Dreams and the Reconstruction of Infant Trauma", by Lynda Share, in *Contemporary Psychology*, Vol. 41, No.5, May 1996.

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PUBLIC EDUCATION MATERIALS

Saakvitne, Karen (2004) *Parenting Resource Handbook: Support for Survivor Parents: Breaking the Cycle of Abuse One Day at a Time*. SAMHSA Grant Project managed by the Consortium for Training, Holyoke, MA.

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AWARDS

Connecticut Psychological Association, Award for Outstanding Contributions to the Practice of Psychology, 2001.

American Psychological Association Division of Trauma Psychology, Award for Distinguished Clinical Contributions, 2008 - with Laurie Anne Pearlman, Ph.D.